

# Geneva County Child Nutrition

Pre-K

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 29 French Toast, Mini Assorted Fresh Fruit 1% Milk Skim Milk	Apr - 30 Wrap, Sausage, & Egg Assorted Fresh Fruit 1% Milk Skim Milk	May - 1 Apple Muffin String Cheese Assorted Fresh Fruit 1% Milk Skim Milk	May - 2 Sausage & Roll Assorted Fresh Fruit 1% Milk Skim Milk	May - 3 Pancakes, Maple Mini WG Assorted Fresh Fruit 1% Milk Skim Milk
May - 6 French Toast, mini Maple Assorted Fresh Fruit 1% Milk Skim Milk	May - 7 Blueberry Muffin String Cheese Assorted Fresh Fruit 1% Milk Skim Milk	May - 8 Mini Mapple Waffles Assorted Fresh Fruit 1% Milk Skim Milk	May - 9 Sausage & Roll Assorted Fresh Fruit 1% Milk Skim Milk	May - 10 Graham Cracker, Cinnamon Yogurt - Strawberry Assorted Fresh Fruit 1% Milk Skim Milk
May - 13 Egg, Omelet Cheese Assorted Fresh Fruit 1% Milk Skim Milk	May - 14 Sausage & Roll Assorted Fresh Fruit 1% Milk Skim Milk	May - 15 Blueberry Muffin String Cheese Assorted Fresh Fruit 1% Milk Skim Milk	May - 16 Mini Mapple Waffles Assorted Fresh Fruit 1% Milk Skim Milk	May - 17 Wrap, Sausage, & Egg Assorted Fresh Fruit 1% Milk Skim Milk
May - 20 French Toast, mini Maple Assorted Fresh Fruit 1% Milk Skim Milk	May - 21 Blueberry Muffin String Cheese Assorted Fresh Fruit 1% Milk Skim Milk	May - 22 Pancake, mini Berry Assorted Fresh Fruit 1% Milk Skim Milk	May - 23 Sausage & Roll Assorted Fresh Fruit 1% Milk Skim Milk	May - 24

Only non flavored milk is offered to Pre-K.

"The U.S. Department of Agriculture (USDA) is an equal opportunity provider and employer."

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Geneva County Child Nutrition

## GCHS High School Breakfast

**GO DAWGS!!!!!!**

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 29 Cinnamon Toast Crunch Cereal Bar Assorted Fresh Fruit String Cheese Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Apr - 30 Wrap, Sausage, & Egg Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	May - 1 Fruitel, Apple String Cheese Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	May - 2 Sausage & Roll Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	May - 3 Pancakes, Maple Mini WG Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk
May - 6 French Toast, mini Maple Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	May - 7 Blueberry Muffin String Cheese Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	May - 8 Mini Cinnis Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	May - 9 Sausage & Roll Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	May - 10 Graham Cracker, Cinnamon Yogurt - Strawberry Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk
May - 13 Egg, Omelet Cheese Blueberry Muffin Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	May - 14 Sausage & Roll Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	May - 15 Cinnamon bun String Cheese Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	May - 16 Fruitel, Apple Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	May - 17 Wrap, Sausage, & Egg Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk
May - 20 French Toast, mini Maple Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	May - 21 Blueberry Muffin String Cheese Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	May - 22 Mini Cinnis Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	May - 23 Sausage & Roll Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	May - 24

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Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 29	Apr - 30	May - 1	May - 2	May - 3
Hamburger Steak Romaine Salad Mashed Potatoes Blackeye Peas Cornbread Peach Cup Fruity Applesauce Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Corndog Romaine Salad English Peas Potato Wedges Grapes.Fresh Mandrian Oranges Rice Krispy Treats Fat Free Vanilla Milk 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk	Sub Sandwich Romaine Salad Green Beans Pasta Salad w/ Parmesan Cheese Pear. Halves Bananas Chocolate Pudding Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Cheezy Penne - WW Romaine Salad Broccoli Roasted Butternut Squash Breadsticks, Whole Wheat Marinara Sauce Peaches Pineapple Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Pepperoni Pizza Breadsticks, Cheese Stuffed Marinara Sauce Romaine Salad English Peas Mandrian Oranges Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk
May - 6	May - 7	May - 8	May - 9	May - 10
Turkey & Cheese wrap Romaine Salad Refried Beans English Peas Sister Schubert Wh/ Rol Brownies Apples, Fresh Pear, Halves Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Spaghetti w/ whole Wheat Romaine Salad Marinara Sauce Italian Vegetables Broccoli Garlic Toast / ww Grapes,Fresh Peaches Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Toasted Ham & Cheese Romaine Salad Crinkle Cut Fries Cookie, Chocolate Chip Strawberries, Fresh Bananas Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Chicken Parmesan Chef Salad Romaine Salad Green Beans Corn WK Breadsticks, Whole Wheat Mandrian Oranges Pineapple Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Pizza, French Bread Pepperoni Breadsticks, Cheese Stuffed Marinara Sauce Romaine Salad Corn WK Pasta Salad Shoestring fries Banana Pudding Oranges, Fresh Fruity Applesauce Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk
May - 13	May - 14	May - 15	May - 16	May - 17
Crispito with cheese Quesadilla Romaine Salad Refried Beans Corn WK Sister Schubert Wh/ Rol Pear, Halves Fruity Applesauce Salsa Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Beef Nuggets Romaine Salad Mashed Potatoes Blackeye Peas Sister Schubert Wh/ Rol Peaches Grapes,Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Rib Sandwich Chef Salad Romaine Salad Italian Green Beans Potato Wedges Breadsticks, Whole Wheat Mandrian Oranges Strawberries, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Eggs Sausage, Link (4 = 2 Meat) Baked Ham Romaine Salad Hash Brown Pancakes Cheese Grits Bananas Pineapple Syrup Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Pizza, Cheese Pepperoni Pizza Romaine Salad Tator Tots Broccoli Oranges, Fresh Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk
May - 20	May - 21	May - 22	May - 23	May - 24

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